Somerset

GRACIOUS LIVING
FOR SENIORS

SOMERSET
Assisted Living
503-723-7868

Living Amenities

Somerset Assisted Living is more than walls and windows, it's a place to renew your independence while enjoying chef-prepared meals, engaging activities, or a quiet evening with family and friends. We make it easy, safe, and secure while alleviating the challenges of living at home with health care staff available 24/7.

Our professional and compassionate staff members understand that each senior is unique. In addition to helping our residents regain independence by removing the difficulties of living alone, we recognize the need to rediscover or find new purpose. Somerset is a place where you'll feel loved and needed as an important part of our community of active seniors.

While our residents have the freedom to live as independently as they'd like, we are here to assist those in need of a helping hand for various activities of daily living such as bathing, dressing, and medication reminders right here at our community.

The following amenities allow our residents to live the happy, healthy lives they deserve.

- Three chef-prepared meals served each day
- Caring health care staff 24/7
- Scheduled transportation and shopping excursions
- Purposeful activities, events and day trips
- Weekly housekeeping and linen service
- Free laundry facilities
- No buy-in fees or leases
- In addition to the amenities included in the base rent, additional services are available at an additional cost under our individualized service plans.

Caring Staff 24/7

Somerset strives to enhance your loved ones independence within a community of care and support. Our goal is to provide each resident with the unique personal care they need, while helping to maintain their independent lifestyle. Our caring and friendly health care services personnel support our residents 24/7 to provide around-the-clock services as needed. Our team includes a full time RN, LPN, Medication Assistants, and Resident Assistants.

In the event of an emergency, residents can pull a cord in their suite, which immediately notifies our staff so they can receive the assistance they need from individuals they know and trust.

Enjoy the peace of mind in knowing that our 24/7 caring staff is available and committed to helping our residents whenever needed.

Culinary Services

At Somerset, residents enjoy three chef-prepared meals daily, served restaurant-style. We take great pride in our scratch-based program as our chefs make just about everything including soups, pasta sauces, and breads from scratch.

To ensure our meals are both delicious and nutritious, our company taste tests every meal in a test kitchen before sending it to a nutritionist for approval. A chef also pours coffee at every table at the end of each dinner meal to gauge resident feedback. In addition, our chefs host regular meetings for residents to gather suggestions and their favorite recipes so we can offer a customized, local alternative menu.

In addition to celebrating all holidays including Thanksgiving, Christmas, Mother's Day, and Father's Day through special meals and beautiful buffets, residents often celebrate birthdays and other special occasions with their families over family style dishes in our private dining room.

Activities

The well-balanced and diverse activities program at Somerset is influenced by the needs and wishes of our residents. Each and every day, residents can choose from a wide array of activities that promote lifelong learning as well as physical and mental health.

We offer guest lectures, health and wellness fairs, educational seminars, fitness classes, special holiday events, outings to exciting destinations within the local community, and so much more. Our goal is to engage residents with activities they enjoyed in the past while introducing them to new activities they may grow to love.

Whether a resident wants to join a knitting club, paint, garden, try a new restaurant, play the piano, or learn something new, they will have the opportunity to rediscover their purpose at Somerset. Our activities program feels tailor-made to just about everyone.

Resident Life

At Somerset Assisted Living, we promote an active lifestyle by offering residents avenues through which to enjoy and participate in the arts, learn new skills or discuss current issues. We offer a variety of intellectual and cultural activities which include creative writing classes, book and garden clubs, discussion groups, creative art projects, cooking demonstrations, and much more. Group outings are planned regularly where residents may visit museums and galleries or attend concerts and theater performances. We encourage our residents to take advantage of many opportunities to continue to learn and grow.

Next Steps

We understand that change is difficult. At Somerset Assisted Living, we want to make this transition as smooth as possible. The first step to start preparing for this change is to begin thinking about the transition.

Consider The Timing

If your loved one would benefit from specialized programming tailored to their interests and abilities, specialized attention, or support with activities of daily living now, it may be time. Purpose, dignity, and independence are important. If you're ready for that, you're ready for Somerset Assisted Living.

Consider Your Options

You are working hard at managing the tasks to get through the day. Consider another option that provides emotional relief to family and specialized programming, attention to care, and support with all activities of daily living for your loved one. If this option feels better than your current situation, then you're ready for Somerset Assisted Living.

Consider The Location

What's important about this next chapter? If you're looking for quality, caring staff that are dedicated to a gracious lifestyle and committed to restoring dignity and purpose to your loved one, then you're ready for Somerset Assisted Living.

Resident Testimonials

"My family toured many places before we decided that this community would be my new home. One of the things I noticed was how wonderful the staff was. Everyone was so positive and quick to answer any questions or concerns that I had. After being here for three months I've encountered many people from the administrator to the nursing staff. This was the only community that offered a variety of activities; I'm hardly ever in my room! I know everyone is dedicated to my happiness, well-being, and peace of mind. I am always treated with dignity and respect. I would highly recommend this community to everyone!"

Mary Bratta

"We love that our mother lives here! It means so much to my brothers and me that our mom is safe and happy and not alone. She has stated numerous times that she feels like she's part of the world again. Coming to live here is not only an excellent lifestyle choice, but a chance to thrive and live everyday happy and secure."

Jolene Weir