

Somerset Lodge

Gracious Retirement Living

8330 Cason Road • Gladstone, OR 97027 • Phone (503) 657-5659 • www.seniorlivinginstyle.com

OCTOBER 2021 SOMERSET STAFF

Managers..... CLIFFORD & JANET HANNEMANN
Assistant ManagersMICHAEL HUBRICK
& CHRISTOPHER POWELL
Executive Chef DAVID HARGROVE
Sous Chef TBD
Activity Coordinator SUSI WISE
MaintenanceJEFF MOONEY
Transportation STEVE BARNES

OFFICE HOURS

Monday - Sunday: 7:30 a.m.-7:30 p.m.

TRANSPORTATION

Monday, 9:30 a.m.: Shopping At Fred Meyer

Monday, 2 p.m.: Walmart – Bi-Weekly

Monday, 2 p.m.: Clackamas Town Center – Biweekly

Tuesday, Varies: Medical Appointments – South

Wednesday, Varies: Activity Day

Thursday, Varies: Medical Appointments – North

Friday, 2 p.m.: Scenic Adventure

Friday, 9:30 a.m.: Shopping At Safeway/RA/Walgreens

HAWTHORN
SENIOR LIVING

Let's Welcome the Newest Members of Our Community Management Team: Michael Hubrick and Christopher Powell!

Hello, everyone!

Our names are Michael Hubrick and Christopher Powell. We are so excited to have the opportunity to travel to the Pacific Northwest and become a part of the Somerset Lodge team! After spending the last few years working the front lines with a traveling nursing company, we decided it was time for something new in our careers. That is when we found Somerset Lodge and immediately saw the impact we could possibly make in this community. While this will be our first experience working for a senior living community, it is far from our first time working with seniors. With over 30 cumulative years working in healthcare,



Michael and Christopher

we are passionate about caring for the senior community. Here at Somerset Lodge, we are hoping to pair that passion along with the experience we also gained by owning and operating a successful cleaning business in Panama City Beach, Florida. We met 25 years ago in Panama City Beach, and we have been inseparable ever since. Since then, we have been fortunate enough to have lived and worked in many different parts of the country. Our proudest accomplishment is our son Hunter, who just graduated from Florida State University, whom we love spending time with (him and hopefully our future daughter in law, Katherine). The Pacific Northwest is truly one of our favorite parts of this beautiful country, and we can't wait to begin this new adventure. We are looking forward to meeting each and every person in this beautiful community!

New Resident Social

Please come introduce yourselves and help us in welcoming all of our newest residents! If you are new, please make sure to stop by for some ice cream and to meet some of your new community members! If you have any questions, please see Susi in the Activity Room. I hope to see you all there!

OCTOBER 2021

Birthdays






Jackie Abbott, 7th
 Don Mikkelson, 9th
 Rick Frazee, 15th
 George Wasch, 16th
 Annemarie Frazee, 20th
 Clifford Hannemann, 21st (Employee)
 Janna Cook, 21st
 Pat Halpin, 24th

Locations

Activity Room, AR
 Backyard, BY
 Billiard Room, BL
 Bus, Bus
 Chapel, CH
 Dining Room, DR
 Front Yard, FY
 Library, LIB
 Lobby, LB
 Parking Lot, PL
 Private Dining Room, PDR
 Second Floor, 2nd Fl.
 TV Room, TV

Enjoy the convenience of our Beauty Shop: Ernestly Organic Salon Services is located on the Third Floor. Call Ernest at 971-533-2988 to schedule an appointment.

Advertise in our newsletter for just \$25 per month for an ad that is 3 1/2"x2" or for \$40, place a 7"x4" ad on the insert. Contact our Office.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Wear Something Red 1 7:30 Women's Breakfast: Kissin' Kate's, Bus 9:30 Chair Drumming, AR 10:00 Travel with Rick Steves: YouTube, AR 10:00 Mt. Hood Railroad Trip, Bus 11:00 Garments on the Go: Vendor, LB 3:00 Farkle! Game, TV 3:30 Bean Bag Baseball Practice, AR 4:30 Chair Exercise, AR
Sunday Fun Day 3 10:00 Chair Exercise, AR 11:00 Wii Games, TV 2:00 Guiding Light Support Group, AR 3:00 Billiards, BL 3:00 Show Time! Movie, TV	Wear Blue Day 4 9:30 Get Moving, AR 9:30 Fred Meyer, Bus 11:00 Word Scramble, AR 11:00 Ilani: Senior Day: Fun & Lunch, Bus 2:00 Healthy Eating with Home Instead, LB 3:30 Bean Bag Baseball, AR 6:45 Bingo, AR	Wear a Hat Day 5 9:30 Chair Yoga, AR 10:00 Hangman, AR 11:00 How to Keep the Golden Years Golden with Thomas T., AR 2:00 Social Hour with Cliff & Janet, AR 3:30 Bean Bag Bocce, LB 4:30 Chair Exercise, AR	T-Shirt Day 6 9:30 Get Moving, AR 9:30 Mt. Peaks Therapy Llama Farm & Lunch, Bus 11:00 Food: Mummies on a Stick, AR 2:00 Discuss & Recall: Do You Believe in Ghosts?, AR 3:30 Bean Bag Baseball, AR 4:30 Chair Exercise, AR	Name Tag/Jeans Day 7 9:30 Get Moving, AR 10:00 Hangman, AR 11:00 Beading Class, AR 2:30 Chef's Corner with David, AR 3:00 Christian Service with Pastor Dennis, CH 3:30 Bingo, AR 	Wear Something Red 8 9:30 Safeway, Bus 10:00 Travel with Rick Steves: YouTube, AR 10:00 Fall Bazaar, LB 2:00 Scenic Adventure with Steve, Bus 3:00 Farkle! Game, TV 4:30 Chair Exercise, AR	Happy Saturday! 9 10:00 Chair Exercise, AR 11:00 Wii Games, TV 2:00 Brain Games, AR 3:00 Show Time! Movie, TV 
Sunday Fun Day 10 10:00 Chair Exercise, AR 11:00 Wii Games, TV 2:00 Guiding Light Support Group, AR 3:00 Billiards, BL 3:00 Show Time! Movie, TV	COLUMBUS DAY 11 Wear Blue Day 9:30 Get Moving, AR 9:30 Fred Meyer, Bus 11:00 Word Scramble, AR 2:00 Chair Exercise, AR 2:00 Walmart/Town Ctr., Bus 3:30 Bean Bag Baseball, AR 6:45 Bingo, AR	Wear a Hat Day 12 9:30 Chair Yoga, AR 10:00 Hangman, AR 11:00 Charles & His Angels, DR 2:00 Halloween Hijinks Mad Libs, AR 3:00 New Resident Social Hour, AR 4:30 Chair Exercise, AR	T-Shirt Day 13 9:30 Get Moving, AR 10:30 Spa Day with Susi: Facials, AR 2:00 The Pumpkin Patch @ Sauvie Island, Bus 2:00 Yahtzee: Dice Game, AR 3:00 Remembering Halloween Songs, AR 3:30 Bean Bag Baseball, AR	Name Tag/Jeans Day 14 9:30 Get Moving, AR 10:00 Card Making Class, AR 11:15 Uno Card Game, AR 12:00 Resident/Manager Meeting, DR 2:00 Social Hour with Susi, AR 3:00 Christian Service with Pastor Bryan, CH 3:30 Bingo, AR	Wear Something Red 15 9:30 Chair Drumming, AR 9:30 Safeway, Bus 10:00 Travel with Rick Steves: YouTube, AR 11:00 Nadja the Vendor, LB 11:00 Word Scramble with Jim, AR 2:00 Scenic Adventure with Steve, Bus 2:00 Halloween Crafts, AR 3:00 Farkle! Game, TV 3:30 Bean Bag Baseball Practice, AR 4:30 Chair Exercise, AR 	Happy Saturday! 16 10:00 Chair Exercise, AR 11:00 Wii Games, TV 2:00 Brain Games, AR 3:00 Show Time! Movie, TV 
Sunday Fun Day 17 10:00 Chair Exercise, AR 11:00 Wii Games, TV 2:00 Guiding Light Support Group, AR 3:00 Billiards, BL 3:00 Show Time! Movie, TV	Wear Blue Day 18 9:30 Get Moving, AR 9:30 Fred Meyer, Bus 11:00 The Parents Journey: The Westward Migration: Pres., AR 2:00 Halloween Crafts, AR 3:30 Bean Bag Baseball, AR 6:45 Bingo, AR	Wear a Hat Day 19 9:30 Chair Yoga, AR 10:00 Hangman, AR 11:00 Word Scramble, AR 2:00 Movies & Stars: Kevin Kline, AR 3:30 Bean Bag Bocce, LB 4:30 Chair Exercise, AR	T-Shirt Day 20 9:00 Liepold Farms: Boring, OR, Bus 9:30 Get Moving, AR 10:00 Cute & Sleepy Sloths, AR 11:00 Name That Disney Toon, AR 2:00 Social Hour with Michael & Christopher, AR 3:30 Bean Bag Baseball, AR 4:15 Mike Oxborrow Country Western, LB 	Name Tag/Jeans Day 21 9:30 Get Moving, AR 10:00 Hangman, AR 10:00 Dave with Clear Hearing, LIB 11:00 Yahtzee: Dice Game, AR 1:30 Patty Runner: Paws of Tranquility 2:30 Chef's Meeting with David, DR 3:00 Christian Service with Pastor Bryan, CH  3:30 Bingo, AR	Wear Something Red 22 9:30 Chair Drumming, AR 9:30 Safeway, Bus 10:00 Travel with Rick Steves: YouTube, AR 11:00 Word Scramble with Jim, AR 2:00 Scenic Adventure with Steve, Bus 3:00 Farkle! Game, TV 3:30 Bean Bag Baseball Practice, AR 4:30 Chair Exercise, AR	Happy Saturday! 23 10:00 Chair Exercise, AR 11:00 Wii Games, TV 2:00 Brain Games, AR 3:00 Show Time! Movie, TV
Sunday Fun Day 24 10:00 Chair Exercise, AR 11:00 Wii Games, TV 2:00 Guiding Light Support Group, AR 3:00 Billiards, BL 3:00 Show Time! Movie, TV 	Wear Blue Day 25 9:30 Get Moving, AR 9:30 Fred Meyer, Bus 11:00 Word Scramble, AR 2:00 Helen Heydel, LB 2:00 Walmart/Town Ctr., Bus 3:30 Bean Bag Baseball, AR 6:45 Bingo, AR	Wear a Hat Day 26 9:30 Chair Yoga, AR 10:00 Hangman, AR 11:00 Rachel Christopherson, DR 2:00 Tort and Tortellini: A Short Story, AR 3:30 Bean Bag Bocce, LB 4:30 Chair Exercise, AR	T-Shirt Day 27 7:30 Men's Breakfast, Bus 9:30 Get Moving, AR 10:00 Beading Class, AR 11:00 Lunch Out: Gustav's Clackamas, Bus 11:00 Travelogue: Discovering Denmark, AR 2:00 Pasta Trivia, AR 3:30 Bean Bag Baseball, AR	Name Tag/Jeans Day 28 9:30 Get Moving, AR 10:00 Hangman, AR 10:00 Card Making Class, AR 11:15 Uno Card Game, AR 2:00 Who Am I?, AR 2:45 Activity Meeting with Susi, AR 3:00 Christian Service with Pastor Bryan, CH 3:30 Bingo, AR	Wear Something Red 29 9:30 Chair Drumming, AR 9:30 Safeway, Bus 10:00 Halloween Door Decoration Voting, LB 11:00 Word Scramble with Jim, AR 2:00 Scenic Adventure with Steve, Bus 3:00 Farkle! Game, TV 3:30 Portland Tap Connection: Halloween, DR 4:30 Halloween Door Decoration Prize Giveaway, AR	Happy Saturday! 30 10:00 Chair Exercise, AR 11:00 Wii Games, TV 11:00 Susi's Stunning Sparkles! Jewelry & Mary Kay, LB 2:00 Brain Games, AR 3:00 Show Time! Movie, TV
HALLOWEEN 31 Sunday Fun Day 10:00 Chair Exercise, AR 11:00 Wii Games, TV 11:00 David Cooley Halloween, DR 2:00 Guiding Light Support Group, AR 3:00 Billiards, BL 3:00 Show Time! Movie, TV						



Halloween Line Up

We have lots of fun things to do this month in honor of Halloween. Here is a list for your reference!

Wednesday, October 6th: Mummies on a Stick at 11 a.m.

Wednesday, October 6th: Discuss & Recall: Do you believe in ghosts? at 2 p.m.

Tuesday, October 12th: Halloween Hijinks Mad Libs at 2 p.m.

Wednesday, October 13th: The Pumpkin Patch at Sauvies Island at 2 p.m.

Wednesday, October 13th: Remembering Halloween Songs at 3 p.m.

Wednesday, October 20th: Liepold Farms at 9 a.m.

Friday, October 29th: Halloween Door Decoration Voting at 10 a.m.

Friday, October 29th: Portland Tap Connection Halloween at 3:30 p.m.

Friday, October 29th: Halloween Door Decoration Winner Drawn! at 4:30 p.m.

Sunday, October 31st: David Cooley Halloween at 11 a.m.

Sunday, October 31st: Wear Your Halloween Costumes!



Let's Welcome our New Executive Chef to our Happy Family: David Hargrove!

David comes to us with previous experience as an Executive Chef and Director of Nutrition with Advance Health Care. He enjoys bowling, golf and his newest hobby is corn hole! David has two daughters, Karla is 24 and Amber is 30. He says his daughters mean the world to him. David chose Somerset Lodge because of the video clip on our website! "They seem to be fun like me!"

Welcome to our happy family, David!



Chef David

Community Reminders

Mondays: Fred Meyers at 9:30 a.m.

Every other Monday: Walmart/Clackamas Town Center at 2 p.m.

Tuesdays: Southside Appointments

Wednesdays: Activity Outing Days

Thursdays: Northside Appointments

Fridays: Safeway at 9:30 a.m.

Scenic Adventure at 2 p.m.

If you have any questions or comments for scheduling activities or appointments, please see Susi (Activity Coordinator) or Steve (Bus Driver).

October Activity Highlights

Friday, October 1st: Women's Breakfast: Kissin' Kate's at 7:30 a.m.

Mt. Hood Railroad Trip at 10 a.m.

Garments on the Go at 11 a.m.

Monday, October 4th: Ilani Senior Day Lunch at 11 a.m.

Healthy Eating with Home Instead at 2 p.m.

Tuesday, October 5th: How to Keep the Golden Years Golden with Dr. Thomas T. at 11 a.m.

Social Hour with Cliff & Janet at 2 p.m.

Wednesday, October 6th: Mt. Peaks Therapy Llama Farm at 9:30 a.m.

Mummies on a Stick at 11 a.m.

Discuss & Recall: Do you believe in ghosts? at 2 p.m.

Thursday, October 7th: Chef's Corner with David at 2:30 p.m.

Friday, October 8th: Fall Bazaar at 10 a.m.

Tuesday, October 12th: Charles & his Angels at 11 a.m.

Halloween Hijinks Mad Libs at 2 p.m.

New Resident Social Hour at 3 p.m.

Wednesday, October 13th: Spa Day with Susi: Facials at 10:30 a.m.

The Pumpkin Patch at Sauvies Island at 2 p.m.

Remembering Halloween Songs at 3 p.m.

Thursday, October 14th: Resident/Manager Meeting at 12 p.m.

Social Hour with Susi at 2 p.m.

Friday, October 15th: Nadja the Vendor at 11 a.m.

Monday, October 18th: The Parents Journey: The Westward Migration Presentation at 11 a.m.

Tuesday, October 19th: Movies & Stars: Kevin Kline at 2 p.m.

Wednesday, October 20th: Liepold Farms at 9 a.m.

Cute & Sleepy Sloths at 10 a.m.

Name That Disney Tune at 11 a.m.

Social Hour with Michael & Christopher at 2 p.m.

Wednesday, October 20th: Mike Oxborrow Country Western at 4:15 p.m.

Thursday, October 21st: Paws of Tranquility at 1:30 p.m.

Chef's Meeting with David at 2:30 p.m.

Monday, October 25th: Helen Heydel at 2 p.m.

Tuesday, October 26th: Rachel Christopherson at 11 a.m.

Tort & Tortellini: A Short Story at 2 p.m.

Wednesday, October 27th: Men's Breakfast at 7:30 a.m.

Travelogue: Discovering Denmark at 11 a.m.

Gustav's Clackamas at 11 a.m.

Pasta Trivia at 2 p.m.

Thursday, October 28th: Who am I? at 2 p.m.

Activity Meeting with Susi at 2:45 p.m.

Friday, October 29th: Halloween Door Decoration Voting at 10 a.m.

Portland Tap Connection Halloween at 3:30 p.m.

Halloween Door Decoration Prize Giveaway at 4:30 p.m.

Saturday, October 30th: Susi's Stunning Sparkles Jewelry & Mary Kay at 11 a.m.

Sunday, October 31st: David Cooley Halloween at 11 a.m.

Wear your Halloween costume!