

MULLIGAN PARK

Gracious Retirement Living

1800 Hermitage Blvd • Tallahassee, FL 32308 • Phone (850) 553-3252 • www.seniorlivinginstyle.com

NOVEMBER 2021

MULLIGAN PARK STAFF

Managers.....LEN & RHONDA DAVIS
Assistant Managers ... RICK & JANICE FRIDDLE
Executive Chef JULIO POOL
Community Sales L. PAIGE DEEVER
Activity CoordinatorJAMIE GREEN
MaintenanceSCOTT LYNN
Bus Driver TARACHEL JAMES

TRANSPORTATION

Monday, 10 a.m.: Shopping and Banking
Tuesday, 9 a.m.: Professional Appointments
Wednesday, 9 a.m.: Outings
Thursday, 9 a.m.: Professional Appointments
Friday, 10 a.m.: Shopping/Salon/Pharmacy

HAWTHORN
SENIOR LIVING

Veterans Day, November 11th

Mulligan Park honors our veterans and remembers the sacrifices they made so that we may be free. On Veterans Day, our Executive Chef and Culinary team will create a special meal to say “thank you” with dinner being served at 12:30 p.m.

Before dinner, join us for our Veterans Day program which will begin at 11 a.m., in the Dining Room, where we will remember, honor, and salute all of those who served in any past conflict.

At 9:30 a.m., the bus will be taking ALL of our Mulligan Park veterans and their wives to the National Cemetery as an added way to honor those who we have lost. Sign up on the bus sheet today!

“On this Veterans Day, let us remember the service of our Veterans, and let us renew our national promise to fulfill our sacred obligations to our Veterans and their families who have sacrificed so much so that we can live free.” — Dan Lipinski



November Outing Schedule

Wednesday, November 3rd, 2:30 p.m.:
Sugar Rush Ice Cream Shop

Wednesday, November 10th, 10:30 a.m.: Museum of Florida History and Lunch at Harry's (Museum is free, donations are accepted.)

Wednesday, November 17th, 9:30 a.m.: Shopping trip to Target and Marshalls

Wednesday, November 24th, 11 a.m.: Board games and Picnic at Dorothy B. Oven Park.



NOVEMBER 2021

Birthdays

Kyle R., 1st
 Dora Jane G., 2nd
 Michael Claypool, 3rd (Employee)
 David H., 6th
 Susan P., 8th
 Jan C., 9th
 Donna N., 9th
 Evan Wilhoit, 11th (Employee)
 James (Jim) D., 11th
 Ross N., 15th
 Jeroline N., 18th
 Betty H., 26th
 Savanna Erving, 26th (Employee)

Locations

Activity Room, AR
 Atrium, AT
 Billiards Room, BR
 Bus, Bus
 Chapel, CH
 Computer Center, CC
 Dining Room, DR
 Exercise Room, EX
 Fire Pit, FP
 Front Lobby, Lobby
 Library, LB
 Movie Theater, MT
 Pool, Pool
 Putting Green, PG
 TV Room, TV

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Chair Exercise, AR 10:30 Smoothies for Fitness, AR 11:00 My Life Story Project, AR 2:00 Bingo, AR 3:00 Fall Mocktail Happy Hour, AR 	ELECTION DAY 2 10:00 Chair Exercise, AR 10:30 Show N Tell, AR 11:00 Rosary Prayer Group, CH 2:00 Encompass BP Clinic, AR 2:00 Bridge Club, TV 3:00 Mulligan Market, AR 	3 9:30 Beginner Balance Class, AR 10:00 Intermediate Balance Class, AR 10:30 Fall Leaf Art, AR 2:00 Scrabble, BR 2:00 Bean Bag Baseball, AR 2:30 Outing: Sugar Rush Ice Cream, Bus 	4 10:00 Chair Exercise, AR 10:30 Pickle Making, AR 2:00 Manager/Resident Mtg., AR 2:00 Bridge Club, TV 3:00 Country Line Dancing, AR 4:00 Bible Study, CH 7:00 Bean Bag Baseball, AR	5 10:00 Chair Exercise, AR 10:30 Tic Tac Toe Trivia, AR 2:00 Bingo, AR 3:00 The Interesting Pomegranate, AR 4:00 My Life Story Project, AR 	6 9:30 Mulligan Card Caring Group, AR 2:00 Pochino, AR 3:00 Rummikub, AR 4:00 Giant Jenga, AR 
DAYLIGHT SAVING TIME ENDS 7 10:30 Dominoes, AR 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center Game, AR	8 10:00 Chair Exercise, AR 10:30 Smoothies for Fitness, AR 11:00 "Twain" Or Not?, AR 2:00 Bingo, AR 3:00 Homemade Shampoo, AR 	9 10:00 Chair Exercise, AR 10:30 Treasure Box Tuesday, AR 11:00 Rosary Prayer Group, CH 11:30 My Life Story Project, AR 2:00 Encompass Health Talk, AR 2:00 Bridge Club, TV 3:00 Mulligan Market, AR 	10 9:30 Beginner Balance Class, AR 10:00 Intermediate Balance Class, AR 10:30 Outing: Museum and Harry's, Bus 2:00 Scrabble, BR 2:00 Bean Bag Baseball, AR 3:00 Mini Pumpkin Pie Demo, AR	VETERANS DAY 11 Thank You Veterans 9:30 Veterans National Cemetery, Bus 11:00 Veterans Day Program, DR 2:00 Chef/Resident Mtg., AR 2:00 Bridge Club, TV 2:30 My Life Story Project, AR 4:00 Bible Study, CH 7:00 Bean Bag Baseball, AR 	12 10:00 Chair Exercise, AR 10:30 Tic Tac Toe Trivia, AR 2:00 Bingo, AR 3:00 Mason Jar Candles, AR 4:00 Giant Jenga, AR	13 9:30 Mulligan Card Caring Group, AR 10:30 Giant Crossword with Friends, AR 2:00 Pochino, AR 3:00 Rummikub, AR 4:00 Giant Jenga, AR 9:00 Community Health Fair
14 10:30 Dominoes, AR 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center Game, AR	15 10:00 Chair Exercise, AR 10:30 Smoothies for Fitness, AR 11:00 Gingerbread House Mtg with Chef, AR 11:30 My Life Story Project, AR 2:00 Bingo, AR 3:00 Whipped Body Butter, AR 	16 10:00 Chair Exercise, AR 10:30 Homemade Jam, AR 11:00 Rosary Prayer Group, CH 2:00 Encompass BP Clinic, AR 2:00 Bridge Club, TV 3:00 Mulligan Market, AR	17 9:30 Beginner Balance Class, AR 9:30 Outing: Target and Marshalls, Bus 10:00 Intermediate Balance Class, AR 10:30 Yard Sale Setup, AR 2:00 Scrabble, BR 2:30 Resident Yard Sale, AR 4:00 Yard Sale Cleanup, AR	18 10:00 Chair Exercise, AR 10:30 Beaded Indian Corn, AR 11:30 Country Line Dancing, AR 2:00 Bridge Club, TV 3:00 My Life Story Project, AR 4:00 Bible Study, CH 7:00 Bean Bag Baseball, AR 	19 10:00 Chair Exercise, AR 10:30 Tic Tac Toe Trivia, AR 2:00 Bingo, AR 3:00 Resident Meet & Greet, AR 4:00 Fly Swatter Volleyball, AR	20 9:30 Mulligan Card Caring Group, AR 2:00 Pochino, AR 3:00 Rummikub, AR 4:00 Giant Jenga, AR 7:00 Big Band Magician Entertainment, AR
21 10:30 Dominoes, AR 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center Game, AR	22 10:00 Chair Exercise, AR 10:30 Smoothies for Fitness, AR 11:00 My Life Story Project, AR 2:00 Bingo, AR 3:00 Country Christmas Project, AR	23 10:00 Chair Exercise, AR 10:30 Country Christmas Project, AR 11:00 Rosary Prayer Group, CH 2:00 Dominoes, TV 2:00 Bridge Club, TV 2:00 My Life Story Project, AR 3:00 Mulligan Market, AR	24 9:30 Beginner Balance Class, AR 10:00 Intermediate Balance Class, AR 11:00 Board Games and Picnic at Park, Bus 2:00 Scrabble, BR 2:00 Bean Bag Baseball, AR 3:00 Country Christmas Project, AR	THANKSGIVING DAY 25 10:00 Chair Exercise, AR 10:30 Give Thanks!, AR 2:00 Bridge Club, TV 2:00 Chef Showcase, AR 4:00 Bible Study, CH 7:00 Bean Bag Baseball, AR	26 10:00 Remove Fall Decor, DR 11:00 Christmas Decorating, AR 2:00 Hot Chocolate and Christmas Songs, AR 2:00 Christmas Decorating, AR 	27 9:30 Mulligan Card Caring Group, AR 10:30 Giant Crossword with Friends, AR 2:00 Pochino, AR 3:00 Rummikub, AR 4:00 Giant Jenga, AR
HANUKKAH BEGINS AT SUNSET 28 10:30 Dominoes, AR 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center Game, AR	29 10:00 Chair Exercise, AR 11:00 Volunteer Appreciation, AR 2:00 Bingo, AR 3:00 Country Line Dancing, AR 4:00 My Life Story Project, AR 4:00 Adult Coloring with Friends, AR	30 10:00 Chair Exercise, AR 10:30 Sensory Fun with Play Dough, AR 11:00 Rosary Prayer Group, CH 2:00 Bridge Club, TV 2:00 Gingerbread House Mtg, AR 3:00 Mulligan Market, AR				



Daylight Saving Time

Daylight Saving Time ends on Sunday, November 7, 2021, at 2 a.m. At this time, clocks will “fall back” one hour, giving us more daylight in the dark autumn and winter mornings.

For more information about Daylight Saving Time and the history of how it started, visit the Activity Room puzzle table.

December’s Third Annual Talent Show

Our third annual Talent Show “Happy Holidays Edition” is coming up next month on Wednesday, December 15th, at 2 p.m.

Please be working on your performances now. Last year, we had an unprecedented number for participation and audience members. It was truly a remarkable and fun afternoon filled with talent and creative performances by our residents and staff. I cannot wait to see what all you come with. All participants will receive a holiday prize and everyone will be a winner!

Let’s get this show started! For more information, please see Jamie in Activities.



Volunteer Appreciation

On Monday, November 29th, at 11 a.m., Jamie in Activities will be hosting a Volunteer Appreciation Dinner in the Activity Room to say a special “thank you” to ALL of my volunteers who graciously help out. You will receive a hand delivered invitation with more information in the next week. Please mark on your calendars if you are a volunteer at Mulligan Park. Thank you so much!

November New Resident Meet-N-Greet

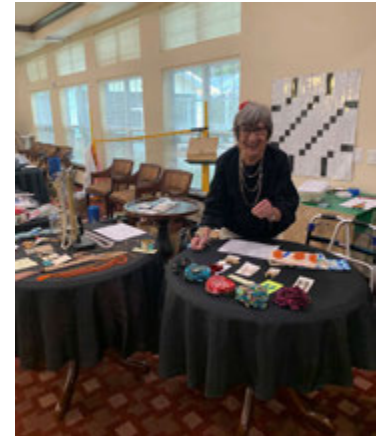
Our November New Resident Meet-N-Greet will be a fun treat this month as we get together and enjoy pie! That’s right, it’s the season for pies and to get into the spirit, we will have fun with a Pie Walk! Everyone will have a chance at winning a mini pie and while you’re there, enjoy Chef-prepared pies and punch. Our November Meet-N-Greet will be on Friday, November 19th, at 3 p.m. See you there!

Doughnut Dash With Managers

You may have noticed that Doughnut Dash With Managers is no longer on Saturdays. Instead, we will incorporate Doughnut Dash during the monthly Managers’ Meeting held on the first Thursday of each month for a limited time. Thank you for your understanding.

Resident Yard/Craft Sale

It’s that time of year, for our second annual resident yard/craft sale in the Activity Room. Last year was a huge success and I am thrilled to announce that we are doing it again. That’s right, if you enjoyed selling your items or missed out on the opportunity, you have another chance this month! Sign up today.



Yard/Craft Sale Schedule: Wednesday, November 17th

- **10:30 a.m.:** Set up your stuff
- **4 p.m.:** Cleanup
- **2:30 p.m.:** Sale begins

Old-Fashioned Country Christmas Project

This year, we are going back in time to a simpler, more wholesome and fun way of decorating for Christmas. We want to take you back to memories of your childhood, with a warm fire, hot cocoa, and old-fashioned creations such as stringed popcorn, painted pine cones, paper snowflakes, etc. We will fill the Activity Room with our old-fashioned country Christmas decorations that YOU create. Join us November 22nd-26th for a week of fun that is sure to bring you back to your favorite childhood memories.

Gingerbread House Project: Coming Soon ...

The Hawthorn Annual Gingerbread House project begins in December, which means it’s not too early to start planning. We will meet twice in the month of November to establish our theme, and decide on ALL the details. Join us to be a part of the fun, and maybe the winners circle on Monday, November 15th, at 11 a.m., and Tuesday, November 30th, at 2 p.m., to be a part of the GBH Group (Ginger Bread House Group).

My Life Story Project

This November we will be embarking on a journey! A journey toward sharing our life stories. This will be a six-week-long project called “My Life Story.” Each week you will be given one chapter with inspiring prompts to spark memories, anecdotes, and wisdom gained over the years- all the things that make up the story of your life. At the end of the six weeks, you will have an entire booklet filled with amazing memories and stories that you can share with each other, and your loved ones. We will be holding meetings twice a week, once in the morning and once in the afternoon in the Activity Room. Be sure to mark your calendars!