

KENNEDY MEADOWS

Gracious Retirement Living



44 Nashua Road • North Billerica, MA 01862 • Phone (978) 584- 1272 • www.seniorlivinginstyle.com

OCTOBER 2021 KENNEDY MEADOWS STAFF

Managers.....ROBIN SMITH & BILL MACKEY
Assistant ManagersROSIE FUNBURG
& HUNTER PREWITT
Executive Chef SHAWN CASEY
Community SalesKATHRYN KOENIG
Activity CoordinatorSUSAN DEARBORN
Maintenance Coordinator DAVID HUNT
Bus DriverKEN HARKINS

OFFICE HOURS

Monday - Sunday: 7 a.m.-7 p.m.

TRANSPORTATION

Monday & Friday, 9 a.m.-3 p.m.:
Shopping and Errands

Tuesday & Thursday, 9 a.m.-3 p.m.:
Medical Appointments

Wednesday, TBD: Outings

HAWTHORN
SENIOR LIVING

Introducing Our Managers: Robin Smith and Bill Mackey

Bill and Robin have relocated from Clovis, California, to open and manage Kennedy Meadows. With over 15 years' experience in senior living, they most recently were Assistant Managers at Colonial Gardens in Beverly, Massachusetts.

Robin was born and raised in Braintree, Massachusetts, and moved to California in the '80s, while Bill is a native of Tulare, California. Bill has spent most of his career in the healthcare industry where he has held different positions such as assistant manager and logistics

supervisor for various home health agencies. Bill and Robin actually met when they worked at Apria Healthcare where Robin was the branch manager. It was love at first sight, or so the story goes! In fact, Bill proposed to Robin in the Dining Room of another Hawthorn Community in Modesto, California. Robin has been in numerous industries such as hospitality and property management, and has held various management and sales positions in senior living, her true passion. Bill and Robin grew up with both sets of grandparents, who were a vital part of their lives. Their many wonderful memories spending time with them attracted them to this field.

Robin and Bill have four children – two girls, Delanie and Kayla, and two boys, Sean and Zak. Zak is making it a family affair as an employee at Julian Estates, another Hawthorn Community in Puyallup, Washington. Their first grandchild turned 1 in March, so the family continues to grow. Although their children are spread out, they find time to visit in person and through Facetime chats.

Bill is a history nut so he loves being in Massachusetts and exploring its historical sites. Robin is readjusting to the cold winters, but loves being here with all of you. You may have seen their miniature poodle, Peaches, who is featured elsewhere in this newsletter, along with their cat, Gracie.

Please be sure to introduce yourself to Bill and Robin!



OCTOBER 2021

Birthdays

Jenn, 22nd
(Employee)

Nyah, 31st
(Employee)

Locations

- Activity Room, AR
- Chapel, CHPL
- Dining Room, DR
- Gym, GYM
- Media Room, MED
- Multi-Purpose Room, MPR
- Patio, PAT
- PC Room, PC
- Reading Room, RR
- TV Room, TV


October Birthstones:
Tourmaline and Opal

October Birthflower:
Calendula

October is Breast
Cancer Awareness
Month

**“A smile is a
curve that sets
everything
straight.”**

—Phyllis Diller

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
10:15 St. Patrick's Mass Online, MED 2:00 Movie of the Day, MED 4:00 Bingo with Bill, AR 8:20 Patriots-Buccaneers Game, TV	9:15 Gentle Cardio, AR 10:00 Book Club, RR 2:00 Movie of the Day, MED 7:30 Celtics-Magic Game, TV	9:15 Chair Yoga, AR 11:00 Plant Bulbs, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR	9:15 Walking Wednesday, AR 11:00 Coffee & Chat with Robin, AR 2:00 Movie of the Day, MED 4:00 Fitness 101, GYM 7:00 Bruins-Capitals Game, TV	9:15 Balance and Strength, AR 11:00 Assoc. Home Care Meet & Greet, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR	9:15 Gentle Cardio, AR 10:30 Meditation, CHPL 2:00 Movie of the Day, MED 4:00 Happy Hour Hosted by Associated Home Health, AR	10:30 Board Games, MPR 11:30 Meditative Coloring, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR 7:00 Bruins-Rangers Game, TV
10:15 St. Patrick's Mass Online, MED 1:00 Patriots-Texans Game, TV 2:00 Movie of the Day, MED 4:00 Bingo with Bill, AR	COLUMBUS DAY 9:15 Gentle Cardio, AR 10:00 Book Club, RR 2:00 Movie of the Day, MED 4:00 Celebrating Birthdays and Anniversaries, AR	9:15 Chair Yoga, AR 11:00 Plant Bulbs (Rain Date), AR 2:00 Movie of the Day, MED 4:00 Bingo, AR	9:15 Walking Wednesday, AR 11:00 Coffee & Chat with Robin, AR 2:00 Movie of the Day, MED 4:00 Fitness 101, GYM 7:00 Celtics-Magic Game, TV	9:15 Balance and Strength, AR 11:00 Assoc. Home Care Info. Session, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR	9:15 Gentle Cardio, AR 10:30 Meditation, CHPL 2:00 Movie of the Day, MED 4:00 Happy Hour, AR 7:30 Celtics-Heat Game, TV	10:30 Board Games, MPR 11:30 Meditative Coloring, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR 7:00 Bruins-Stars Game, TV
10:15 St. Patrick's Mass Online, MED 2:00 Movie of the Day, MED 2:00 Patriots Tailgating Party, PAT 4:00 Bingo with Bill, AR 4:25 Patriots-Cowboys Game, MED	9:15 Gentle Cardio, AR 10:00 Book Club, RR 2:00 Movie of the Day, MED 4:00 Trivia, AR	9:15 Chair Yoga, AR 11:00 Trivia, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR	9:15 Walking Wednesday, AR 11:00 Coffee & Chat with Robin, AR 2:00 Movie of the Day, MED 4:00 Fitness 101, GYM 7:30 Celtics-Knicks Game, TV	9:15 Balance and Strength, AR 11:00 Assoc. Home Care Blood Pressure Checks, AR 3:00 Chef's Chat, AR 3:30 Manager/Residents Mtg., AR 4:00 Bingo, AR	9:15 Gentle Cardio, AR 10:30 Meditation, CHPL 2:00 Movie of the Day, MED 4:00 Happy Hour, AR 7:30 Celtics-Raptors Game, TV 	10:30 Board Games, MPR 11:30 Meditative Coloring, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR
10:15 St. Patrick's Mass Online, MED 1:00 Patriots-Jets Game, MED 2:00 Movie of the Day, MED 4:00 Bingo with Bill, AR 7:00 Celtics-Rockets Game, TV	9:15 Gentle Cardio, AR 10:00 Book Club, RR 2:00 Movie of the Day, MED 4:00 Make Caramel Apples, AR 7:00 Celtics-Hornets Game, TV	9:15 Chair Yoga, AR 11:00 Pumpkin Recipe Swap, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR	9:15 Walking Wednesday, AR 10:15 Coffee & Chat with Robin, AR 11:00 Jack-o'-Lantern Carving, AR 2:00 Movie of the Day, MED 4:00 Fitness 101, GYM 7:30 Celtics-Wizards Game, TV	9:15 Balance and Strength, AR 11:00 Door Decoration Contest Voting, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR 7:00 Bruins-Hurricanes Game, TV	9:15 Gentle Cardio, AR 10:30 Meditation, CHPL 2:00 Movie of the Day, MED 4:00 Halloween Costume Party, AR	10:30 Board Games, MPR 11:30 Meditative Coloring, AR 2:00 Movie of the Day, MED 4:00 Bingo, AR 5:00 Celtics-Wizards Game, TV 7:00 Bruins-Panthers Game, TV
HALLOWEEN 10:15 St. Patrick's Mass Online, MED 2:00 Movie of the Day, MED 4:00 Bingo with Bill, AR 4:05 Patriots-Chargers Game, TV 						



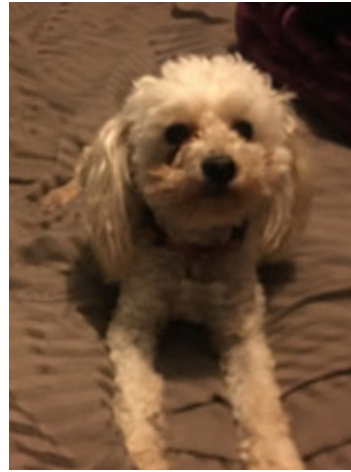
Meet Peaches and Gracie, Our Resident Pets

Peaches is a miniature poodle and the “daughter” of Managers Robin and Bill. Peaches is 11 years old, born and raised in California so she’s a sun and fun dog. You will notice that she prances around as if she’s wearing high heels and with an air of royalty. She got her name from a peach-colored spot on her back. Bill and Robin’s son Zak, who also works for Hawthorn Senior Living in the state of Washington, trained and cared for Peaches in her earlier years. They had rescued Peaches from a neglectful owner, so she is a lucky girl!

Peaches’ “sister,” Gracie, also lives at Kennedy Meadows, but does not prance around quite the way Peaches does! She is gray and white and has big green eyes. Robin and Bill’s son Sean adopted her and she quickly became part of the family. Gracie can be found nose-to-nose with Bill wanting attention. If you feel something warm and furry around your ankles when you’re in the Dining Room, say hello to Gracie! (Just kidding—Gracie is a real homebody.)

Robin and Bill have come to love the companionship of their pets, and understand how important they are in giving us good company and affection.

Meet Peaches and Gracie!



Calling All Gardeners!

I’m sure most gardeners would agree that fall is a wonderful time to work in the garden. Temperatures are cooler but the days can be sunny and bright.

Wouldn’t it be nice to see some early spring blooming flowers? Let’s get together and plant some bulbs around the Community. Then in 2022 we can enjoy the fruits of our labors when the daffodils, tulips and crocuses arrive to bring new color to the landscape. We’ll supply the bulbs and tools, just meet us in the Activity Room and we’ll go from there. A rain date is also on the calendar — just in case.

Halloween Happenings at Kennedy Meadows

We are looking forward to a festive and fabulous Halloween! There will be a variety of activities to get us in the spirit, so come and join in the fun.

In October we will have a Door Decorating Contest. We are looking for residents who will decorate their doors with a Halloween theme of their choosing. Later in the month we will ask residents to vote on their favorites. Get your creative juices flowing and win a prize!

On Monday we will be harking back to our youth by making and then eating caramel apples! Remember how good they tasted? Come get sticky with us and enjoy a treat of the season.

On Tuesday we will swap recipes that feature pumpkin. Bring along your favorite recipe for pumpkin pie, pumpkin soup, pumpkin bread, pumpkin donuts, roasted pumpkin or whatever you have tried and enjoyed. Share it with your friends and add to your repertoire! We will make a dish together and enjoy this seasonal New England specialty.

On Wednesday we will be carving jack-o-lanterns to decorate your apartments and the common areas. We’ll provide the pumpkins, you just come, ply your artistic talent and enjoy some fun carving your favorite design. One fun fact: Did you know that in Ireland and Scotland they traditionally carve turnips? We’ll stick with pumpkins!

Get your ghost on! On Thursday we will vote on the door decorations and award the prizes.

What will you be? The Door Decoration Contest leads us to the grand finale on Friday, when we host a Halloween costume party. The ancient Celtic tradition was to wear costumes to ward off ghosts, so let’s do our part to keep Kennedy Meadows ghost-free! Get creative and arrive dressed in whatever costume you’d like and surprise us all. Staff will join in on the fun so come see who’s who.

