

JORDAN OAKS

Gracious Retirement Living

10820 Penny Road • Cary, NC 27518 • Phone (919) 387-8250 • www.seniorlivinginstyle.com



JANUARY 2022

JORDAN OAKS STAFF

Management Team JOE WAWRZYNEK
Management Team RAQUEL RAMIREZ
Management Team BOBETTE BOONE
Executive Chef BOBBY JUDD
Activity Coordinator LARAINE TURNER
Maintenance Coordinator TYLER SURRETT
Bus Driver JOHN RODRIQUES

TRANSPORTATION

Monday, 9:45 a.m.: Walmart

Tuesday, 9 a.m.-1 p.m.: Doctor Visits

Wednesday, 9 a.m.-1 p.m.: Doctor Visits

Thursday, 9 a.m.-1 p.m.: Doctor Visits

Friday, 9:45 a.m.: Dollar Tree, Publix

HAWTHORN
SENIOR LIVING



Getting to Know You

Meet Pat!

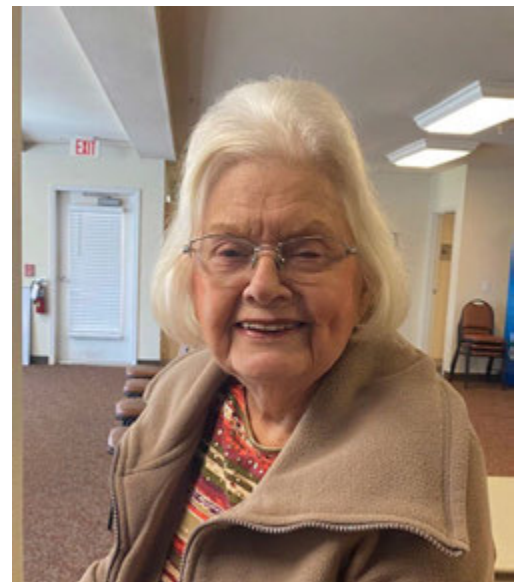
I have really enjoyed getting to know Pat and I am sure that you will, too.

Pat grew up in St. Louis, Missouri. Her father was a pharmaceutical salesman and her mother, a homemaker. She has two older brothers; they were 15 and 16 years older than her and she had no sisters.

Pat went to Incarnate Word Academy (high school) and after graduating she went to Secretarial Training School. Pat got a job at Mallinckrodt Chemical Works, Inc. as a secretary and it was there where she met her husband, Chet O'Leary. They dated off and on for nine years.

Pat loved tennis; she played from when she was in Girl Scouts to her 70s! She also liked to travel and host dinner parties with her friends, and she loved the ballet. Chet surprised her one day with tickets to the ballet; front row, center, (he was still her beau at the time). After the ballet, Chet proposed — of course she said yes!

After 5 years of marriage, they decided to adopt. They adopted Elizabeth first; she was 3 weeks old. One year later, Michael, was 5 weeks. They grew up knowing they were adopted. Pat called them her “adopted angels.” The next Halloween she dressed her children in angel costumes.



(Continued on back.)

JANUARY 2022

Birthdays

Nancy Cobb, 3rd
Rhona Alfasi, 8th
Geraldine Brewington, 12th
Barbara Thompson, 13th
Laverne Kulich, 17th
Trish Sadler, 19th
Dot Jones, 21st
Marie Moss, 22nd
Dora Avery, 22nd
Lucille Huntington, 26th
Sharon Trainor, 28th

Locations

Activity Room, AR
Atrium, AT
Church, CH
Dining Room, DR
Game Room, GR
Library, LB
Matinee, MT
Private Dining Room, PDR

"Kindness is like snow — it beautifies everything it covers."

— Kahlil Gibran

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
							NEW YEAR'S DAY 1 10:00 Exercise & Volleyball, AR 11:00 Indoor Scavenger Hunt, AR 2:00 Trivia, AR 3:45 Bingo, AR 7:00 Movie Night, MT
2 11:00 Worship Service, CH 2:00 Movie Time, MT 7:00 Board Games, GR	3 10:00 Chair Volleyball, AR 11:00 Catholic Communion, CH 2:00 Color Creations, AR 3:45 Bingo, AR 	4 10:00 Legacy Exercise, AR 11:00 Trivia, AR 2:00 Chair Volleyball, AR 4:00 Singalong with Chip, AR 7:00 Board Games, GR	5 10:00 Chair Yoga with Leslie, AR 11:00 Devotion, CH 11:00 Cornhole Baseball, AR 2:30 Brain Fitness, AR 3:45 Bingo, AR	6 10:00 Legacy Exercise, AR 11:00 Word Game, AR 2:00 Chair Volleyball, AR 3:00 Free Bingo, AR	7 10:00 Chair Volleyball, AR 11:00 Wii Bowling!, AR 2:00 Color Creations, AR 2:00 Zeek, AT 4:00 Coffee Talk, AR 7:00 Movie Night, MT	8 10:00 Exercise & Volleyball, AR 11:00 Indoor Scavenger Hunt, AT 2:00 Trivia, AR 3:45 Bingo, AR 7:00 Movie Night, MT 	
9 11:00 Worship Service, CH 2:00 Movie Time, MT 7:00 Board Games, GR	10 10:00 Chair Volleyball, AR 11:00 Catholic Communion, CH 2:00 Color Creations, AR 3:45 Bingo, AR	11 10:00 Legacy Exercise, AR 11:00 Trivia, AR 2:00 Arts & Crafts, AR 4:00 Singalong with Chip, AR 7:00 Board Games, GR	12 10:00 Chair Yoga with Leslie, AR 11:00 Devotion, CH 11:00 Cornhole Baseball, AR 2:30 Brain Fitness, AR  3:45 Bingo, AR	13 10:00 Legacy Exercise, AR 10:30 Executive Chef Meeting, PDR 11:00 Word Game, AR 2:00 Chair Volleyball, AR  3:00 Free Bingo, AR	14 10:00 Chair Volleyball, AR 11:00 Wii Bowling!, AR 2:00 Color Creations, AR 4:00 Coffee Talk, AR 7:00 Movie Night, MT	15 10:00 Exercise & Volleyball, AR 11:00 Indoor Scavenger Hunt, AR 2:00 Trivia, AR 3:45 Bingo, AR 7:00 Movie Night, MT	
16 11:00 Worship Service, CH 2:00 Movie Time, MT 7:00 Board Games, GR	17 MARTIN LUTHER KING JR. DAY 10:00 Chair Volleyball, AR 11:00 Catholic Communion, CH 2:00 Color Creations, AR 3:45 Bingo, AR 	18 10:00 Legacy Exercise, AR 11:00 Trivia, AR 2:00 Chair Volleyball, AR 4:00 Singalong with Chip, AR 7:00 Board Games, GR	19 10:00 Chair Yoga with Leslie, AR 11:00 Devotion, CH 11:00 Cornhole Baseball, AR 2:30 Brain Fitness, AR  3:45 Bingo, AR	20 10:00 Legacy Exercise, AR 11:00 Word Game, AR 2:00 Chair Volleyball, AR 2:00 Burke Long, AT 3:00 Free Bingo, AR	21 10:00 Chair Volleyball, AR 11:00 Jewelry Creations, AR 2:00 Color Creations, AR 4:00 Coffee Talk, AR  7:00 Movie Night, MT	22 10:00 Exercise & Volleyball, AR 11:00 Indoor Scavenger Hunt, AT 2:00 Trivia, AR 3:45 Bingo, AR 7:00 Movie Night, MT 	
23 11:00 Worship Service, CH 2:00 Movie Time, MT 7:00 Board Games, GR	24 10:00 Chair Volleyball, AR 11:00 Catholic Communion, CH 2:00 Color Creations, AR 3:45 Bingo, AR	25 10:00 Legacy Exercise, AR 11:00 Trivia, AR 2:00 Tea Party Tuesday, AR 4:00 Singalong with Chip, AR 7:00 Board Games, GR	26 10:00 Chair Yoga with Leslie, AR 11:00 Devotion, CH 11:00 Cornhole Baseball, AR 2:30 Brain Fitness, AR  3:45 Bingo, AR	27 10:00 Legacy Exercise, AR 11:00 Word Game, AR 2:00 Chair Volleyball, AR 3:00 Free Bingo, AR	28 10:00 Chair Volleyball, AR 11:00 Wii Bowling!, AR 2:00 Color Creations, AR 2:00 Zeek, AT 4:00 Coffee Talk, AR  7:00 Movie Night, MT	29 10:00 Exercise & Volleyball, AR 11:00 Indoor Scavenger Hunt, AR 2:00 Trivia, AR 3:45 Bingo, AR 7:00 Movie Night, MT	
30 11:00 Worship Service, CH 2:00 Movie Time, MT 7:00 Board Games, GR	31 10:00 Chair Volleyball, AR 11:00 Catholic Communion, CH 2:00 Color Creations, AR 3:45 Bingo, AR	 					



Tea Trivia Tuesday

January 25th, at 2 p.m., we will be having a tea party AND trivia!

How tea began:

I'm not sure how accurate this is, but I read that tea was discovered in 2737 B.C. by a Chinese Emperor, Shen-Nung. Supposedly, he discovered it when tea leaves accidentally blew into his pot of boiling water.

Fun Tea Facts:

- There are about 1,500 types of tea.
- Tea is the national drink of Iran and Afghanistan.
- Russians started drinking tea in the 17th century but because it was so expensive, it didn't become popular until the 19th century.
- Britain is the second largest nation of tea drinkers and Ireland is first.
- China is the world's largest producer of tea; in 2009, China produced 1,498,041 tons. India was second with 1,079,163 tons produced.
- More than 1.42 million pounds of tea is consumed.
- Americans consume over 84 billion cups of tea per year.
- In the U.S., 85% of the tea consumed is iced.
- The biggest tea party was held in Boston, Massachusetts on December 16, 1773. Colonists were protesting the British tax on tea and threw an entire shipment overboard into the Boston harbor yelling "No taxation without representation!"
- Tea is the second most popular drink around the world; coffee is the most popular.
- Tea bags were invented in 1908 by Thomas Sullivan.
- Black tea has about one half the caffeine as a cup of coffee.
- Tea aids in reducing your appetite for those who are on a diet.
- Many studies have shown tea has health benefits. It contains antioxidants, and helps to lower the risk of cancer, heart attacks, stroke, and diabetes.
- Tea helps to fight cavities.
- Medicinal teas have been around thousands of years to treat all kinds of ailments.
- Herbal teas do not contain tea leaves so technically they are not tea.
- Use fresh water each time you make tea. If you use water that was previously boiled, the tea won't have as much flavor.

Tea has such an interesting history and has many benefits.



Getting to Know You (Continued)

Chet got a job with IBM, and it require them to move to a new location every 8 years. First was North Carolina, then Massachusetts, New York, Missouri and back to North Carolina where they stayed. Pat and Chet were married 49 years, when he died. It was a year later when Pat started thinking about independent living and tried out a few places before she came to Jordan Oaks.

What Pat likes most about living here is having her independence and enjoying the walks she takes around the grounds.

Thanks for letting us get to know you, Pat!

Be sure to look for next month's "Getting to Know You," where another Jordan Oaks' resident will share their story.

Great Molasses Flood

Back on January 15, 1919, the Great Molasses Flood, occurred in Boston, Massachusetts, (also known as "The Boston Molasses Disaster"). It was in the North End of Boston at Purity Distilling Company.

Molasses was fermented to produce ethanol which is the active ingredient in alcohol and a key component in munitions. Because of high demand, the company rushed building a 50-foot by 90-foot tank (in 1915). The construction wasn't great due to the time crunch. The container often leaked, and molasses would spill out onto the street. A USIA employee told his bosses that the tank was not structurally sound; the company did little about it.

At 12:40 p.m. on January 15th, the tank burst and before anyone realized what happened 2.3 million gallons of molasses were flooding the streets at nearly 35 mph killing 21 people and injuring 150.

Cleanup crews used salt water to wash away the molasses and sand to absorb it. It took weeks to clean up that immediate area with hundreds of workers.