

# Colonial Gardens

## Gracious Retirement Living

105 Cherry Hill Drive • Beverly, MA 01915 • Phone (978) 922-1203 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)



## JANUARY 2022

### COLONIAL GARDENS STAFF

Managers.....SAM & CARRIE MARTIN  
Assistant Managers .....VERNA BARTLETT  
& LEWIS MUSTARD  
Assistant Managers .....KATIE & MATT WEAVER  
Executive Chef.....MARK CONTINI  
Activity Coordinator .....CHRISTA LEGER  
Maintenance .....CESAR VIEIRA & CARMELLA MOISE  
Transportation .....JIM GARNHAM,  
PETER SALVO & KELLY NICHOLS

### OFFICE HOURS

**Monday-Sunday: 7:30 a.m.-7:30 p.m.**

### TRANSPORTATION

**Monday-Friday, 9 a.m.-3 p.m.:** Appointments

**Tuesday & Thursday, 9 a.m.-noon:** Shopping Shuttle

**Wednesday, See sign-up sheet:** Activity Outings

**Saturday, 8:30 a.m.:** Synagogue:  
Temple B'Nai Abraham

**Sunday, 8:40 a.m.:** St. Richard's

**Sunday, 9:10 a.m.:** 2nd Congregational

**Sunday, 9:40 a.m.:** St. Mary's

**HAWTHORN**  
SENIOR LIVING



## Hawthorn Adventure

Ciao, Yassas,  
Zdravo! Get  
ready Colonial  
Gardens, we  
are packing  
our bags and  
hitting the  
open ocean for  
an adventure  
you won't  
soon forget!

Beginning  
the week of  
January 17th

through February 4th, Colonial Gardens will be boarding  
the Hawthorn Jewel Luxury Cruise Ship, where you will  
enjoy three weeks cruising the iconic shores of the  
Mediterranean. The Hawthorn Jewel will be docking in:

- Italy
- Greece
- Croatia

As we make our scheduled stops, we will be experiencing  
the food, history, and culture of each of these beautiful  
destinations. Be sure to attend the Bon Voyage Party on  
Friday, January 14th, where you will receive all of your  
travel information. If you have any additional questions like  
what to pack or weather conditions, be sure to check in  
with your Cruise Director Christa for all the details!



**HAWTHORN JEWEL**  
ESTD. 2018

*Hawthorn Adventure*

# JANUARY 2022

## Birthdays

Susan Jones, 5th  
 Helli Lammi, 6th  
 Walter Giampietro, 8th  
 Ina Corwell, 11th  
 Mary Gilligan, 14th  
 Sy Morse, 16th  
 Joan Sullivan, 16th  
 Margie Robinson, 31st

## Locations

Activity Room, First Floor, AR  
 Atrium, First Floor, ATR  
 Card Room, Second Floor, CR  
 Chapel, Third Floor, CH  
 Conference Room, Second Floor, CON  
 Courtyard Outside Of AR, CY  
 Dining Room, First Floor, DR  
 Fitness Room, Second Floor, FR  
 Health Providers, Apt 301, 301  
 Library, Second Floor, LB  
 Main Lobby, ML  
 Movie Theater, Third Floor, MT  
 TV Room, Second Floor, TR

**“All our dreams can come true, if we have the courage to pursue them.”**  
 —Walt Disney

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
							
<p><b>10:00 Meditation with Matt, AR</b> <sup>2</sup></p> <p><b>11:00 Musical Exercise with Katie, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>3:00 Bingo for Colonial Currency, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>3</sup></p> <p><b>10:00 Order: Henry's Grocery, AR</b></p> <p>10:00 Educational Videos, TR</p> <p>10:30 Decorative Painting, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Game Table, DR</p> <p><b>2:30 Book Club, CON</b></p> <p>3:00 Rosary, CH</p> <p>3:30 Bingo for Quarters, AR</p>	<p><b>National Trivia Day</b> <sup>4</sup></p> <p>9:30 Sit &amp; Be Fit Exercise, FR</p> <p>11:00 Team Trivia, AR</p> <p><b>11:00 Blood Pressure Clinic, 301</b></p> <p>2:00 Yoga with Carrie, FR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Craft Group, AR</p> <p>2:30 Bible Study, CON</p> <p>6:45 Night Bingo for Colonial Currency, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>5</sup></p> <p>10:00 Morning Manicures, AR</p> <p>11:00 Long Word Game, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Beanbag Baseball, AR</p> <p>3:30 Bingo for Quarters, AR </p>	<p>9:30 Sit &amp; Be Fit Exercise, FR <sup>6</sup></p> <p><b>10:00 Lydia, Comfort Dog, ATR</b></p> <p>2:00 Tai Chi with Sam, FR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Bridge Group, CR</p> <p><b>2:30 Resident Store Open, CR</b></p> <p>3:00 Rosary, CH </p> <p>3:30 Knit &amp; Chat, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>7</sup></p> <p>11:00 Team Trivia, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Half-Hour Bingo for Colonial Currency, AR</p> <p><b>4:00 Happy Hour with Julie Z, AR</b></p>	<p><b>NEW YEAR'S DAY</b> <sup>1</sup></p> <p><b>10:00 1/2 Hour Team Trivia with Lewis, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Half-Hour Bingo for Colonial Currency, AR</p> <p>3:30 Bingo for Quarters, AR</p>	
<p><b>10:00 Meditation with Matt, AR</b> <sup>9</sup></p> <p><b>11:00 Musical Exercise with Katie, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>3:00 Bingo for Colonial Currency, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>10</sup></p> <p><b>10:00 Order: Henry's Grocery, AR</b></p> <p>10:00 Educational Videos, TR</p> <p>10:30 Decorative Painting, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Game Table, DR</p> <p>3:00 Rosary, CH</p> <p>3:30 Bingo for Quarters, AR</p>	<p>9:30 Sit &amp; Be Fit Exercise, FR <sup>11</sup></p> <p>11:00 Team Trivia, AR</p> <p><b>11:00 Blood Pressure Clinic, 301</b></p> <p>2:00 Yoga with Carrie, FR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Craft Group, AR</p> <p>2:30 Bible Study, CON</p> <p>6:45 Night Bingo for Colonial Currency, AR </p>	<p><b>National Hot Tea Day</b> <sup>12</sup></p> <p>9:30 Morning Exercise with Christa, FR</p> <p>10:00 Morning Manicures, AR</p> <p>11:00 Long Word Game, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Beanbag Baseball, AR</p> <p>3:30 Bingo for Quarters, AR</p> <p><b>3:30 Sample Hot Tea, DR</b></p>	<p><sup>13</sup></p> <p><b>9:30 Book Mobile, ML</b></p> <p>9:30 Sit &amp; Be Fit Exercise, FR</p> <p>2:00 Tai Chi with Sam, FR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Bridge Group, CR</p> <p><b>2:30 Resident Store Open, CR</b></p> <p>3:00 Rosary, CH</p> <p>3:30 Knit &amp; Chat, AR</p>	<p><b>Bon Voyage!</b> <sup>14</sup></p> <p>9:30 Morning Exercise with Christa, FR</p> <p>11:00 Team Trivia, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Half-Hour Bingo for Colonial Currency, AR</p> <p><b>4:00 Kick-Off Party with Brian Corcoran, AR</b> </p>	<p><sup>15</sup></p> <p><b>10:00 1/2 Hour Team Trivia with Lewis, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Half-Hour Bingo for Colonial Currency, AR</p> <p>3:30 Bingo for Quarters, AR</p>	
<p><b>10:00 Meditation with Matt, AR</b> <sup>16</sup></p> <p><b>11:00 Musical Exercise with Katie, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>3:00 Bingo for Colonial Currency, AR </p>	<p><b>MARTIN LUTHER KING JR. DAY</b> <sup>17</sup></p> <p><b>Italian Week</b></p> <p>9:30 Morning Exercise with Christa, FR</p> <p><b>10:00 Order: Henry's Grocery, AR</b></p> <p>10:00 Educational Videos, TR</p> <p>10:30 Decorative Painting, AR</p> <p>2:00 Game Table, DR</p> <p>2:00 Movie Matinee, MT</p> <p><b>2:30 Book Club, CON</b></p> <p>3:00 Rosary, CH</p> <p>3:30 Bingo for Quarters, AR</p>	<p>9:30 Sit &amp; Be Fit Exercise, FR <sup>18</sup></p> <p><b>10:00 Health Chat with Amedisys, AR</b></p> <p>11:00 Team Trivia, AR</p> <p><b>11:00 Blood Pressure Clinic, 301</b></p> <p>2:00 Yoga with Carrie, FR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Bible Study, CON</p> <p><b>2:30 Craft Group: Paper Mache, AR</b></p> <p>6:45 Night Bingo for Colonial Currency, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>19</sup></p> <p><b>10:00 Trevi Fountain Coin Toss, AR</b></p> <p>11:00 Long Word Game, AR</p> <p><b>2:00 Movie Matinee: Roman Holiday, MT</b></p> <p>2:30 Beanbag Baseball, AR</p> <p>3:30 Bingo for Quarters, AR</p>	<p><b>Cheese Lovers' Day</b> <sup>20</sup></p> <p>9:30 Sit &amp; Be Fit Exercise, FR</p> <p><b>10:00 Cheese Sampling, AR</b></p> <p><b>11:00 Fresh Pasta with Chef Mark, AR</b></p> <p>2:00 Bridge Group, CR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Tai Chi with Sam, FR</p> <p><b>2:30 Resident Store Open, CR</b></p> <p>3:00 Rosary, CH</p> <p>3:30 Knit &amp; Chat, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>21</sup></p> <p>11:00 Team Trivia, AR</p> <p>2:00 Movie Matinee, MT</p> <p><b>2:30 Toga Party with Gelato Tasting, AR</b></p> <p><b>4:00 Italian Concert with Borelli's, AR</b></p>	<p><sup>22</sup></p> <p><b>10:00 1/2 Hour Team Trivia with Lewis, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Half-Hour Bingo for Colonial Currency, AR</p> <p>3:30 Bingo for Quarters, AR</p>	
<p><b>10:00 Meditation with Matt, AR</b> <sup>23</sup></p> <p><b>11:00 Musical Exercise with Katie, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>3:00 Bingo for Colonial Currency, AR</p>	<p><b>Greek Week</b> <sup>24</sup></p> <p>9:30 Morning Exercise with Christa, FR</p> <p><b>10:00 Order: Henry's Grocery, AR</b></p> <p>10:00 Educational Videos, TR</p> <p>10:30 Decorative Painting, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Game Table, DR</p> <p>3:00 Rosary, CH</p> <p>3:30 Bingo for Quarters, AR</p>	<p>9:30 Sit &amp; Be Fit Exercise, FR <sup>25</sup></p> <p>11:00 Team Trivia, AR</p> <p><b>11:00 Blood Pressure Clinic, 301</b></p> <p>2:00 Yoga with Carrie, FR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Bible Study, CON</p> <p><b>2:30 Paint &amp; Sip, AR</b></p> <p>6:45 Night Bingo for Colonial Currency, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>26</sup></p> <p><b>10:00 Grapevine Wreaths, AR</b></p> <p>11:00 Long Word Game, AR</p> <p><b>2:00 Movie Matinee: Mamma Mia, MT</b></p> <p>2:30 Beanbag Baseball, AR</p> <p>3:30 Bingo for Quarters, AR</p>	<p><sup>27</sup></p> <p>9:30 Sit &amp; Be Fit Exercise, FR</p> <p><b>10:00 Greek Sponge Painting, AR</b></p> <p><b>11:30 Chef Chat &amp; Olive Tasting, AR</b></p> <p>2:00 Bridge Group, CR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Tai Chi with Sam, FR</p> <p><b>2:30 Resident Store Open, CR</b></p> <p><b>2:30 The Great Brinks Robbery with Robin, AR</b></p> <p>3:00 Rosary, CH</p> <p>3:30 Knit &amp; Chat, AR</p>	<p>9:30 Morning Exercise with Christa, FR <sup>28</sup></p> <p>11:00 Team Trivia, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Half-Hour Bingo for Colonial Currency, AR</p> <p><b>4:00 Greek Belly Dance with Elizabeth Nelson, AR</b></p>	<p><sup>29</sup></p> <p><b>10:00 1/2 Hour Team Trivia with Lewis, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>2:30 Half-Hour Bingo for Colonial Currency, AR</p> <p>3:30 Bingo for Quarters, AR</p>	
<p><b>10:00 Meditation with Matt, AR</b> <sup>30</sup></p> <p><b>11:00 Musical Exercise with Katie, AR</b></p> <p>2:00 Movie Matinee, MT</p> <p>3:00 Bingo for Colonial Currency, AR</p>	<p><b>Croatia Week Backward Day</b> <sup>31</sup></p> <p>9:30 Morning Exercise with Christa, FR</p> <p><b>10:00 Order: Henry's Grocery, AR</b></p> <p>10:00 Educational Videos, TR</p> <p>10:30 Decorative Painting, AR</p> <p>2:00 Movie Matinee, MT</p> <p>2:00 Game Table, DR</p> <p>3:00 Rosary, CH</p> <p>3:30 Bingo for Quarters, AR </p>						



## Coming Soon

Let us start off the beginning of the year with some special activities!

**Saturday, January 1st, New Year's Day:** Write down a New Year's resolution that is obtainable this year and keep it somewhere safe. We'll look back after the year is over and see how you did!



*Activity Room Tree*

**Tuesday, January 4th, National Trivia Day:** Join us for team trivia on Tuesdays, Fridays and Saturday. Join a team or listen to the game. Come learn something new!

**Wednesday, January 12th, National Hot Tea Day:** Join Christa in the Dining Room as she serves different types of tea. Try something new. Enjoy something old. Have some fun!

**Friday, January 14th, Kick-Off Party:** Bon Voyage as we board the Hawthorn Jewel on our virtual cruise. This year we are going to Italy, Greece and Croatia. Look to the calendar to see what activities we have planned when we reach our destinations for the next three weeks.

**January 17th through 21st:** First stop Italy! Come learn a new craft or compete in our Trevi Fountain Toss. Chef Mark will make us fresh pasta. Join the Toga Party Friday when we try gelato and have Borelli's here!

**Thursday, January 20th, Cheese Lovers' Day:** Say cheese! We are going to sample different kinds of cheeses and see which we enjoy most!

**January 24th through 28th:** Next stop, Greece! Let's have a paint and sip night afternoon with non-alcoholic mulled wine. Decorate a grapevine wreath in flowers. We will sponge paint, then try olives with Chef Mark. Special guest Elizabeth Nelson will show us Greek Belly Dancing and more.

**Monday, January 31st, Backward Day:** Come be silly and wear something backwards today! Say goodbye instead of hello! Let's be silly!

Look forward to our final destination in Croatia the first week of February.

## Bring and Brag

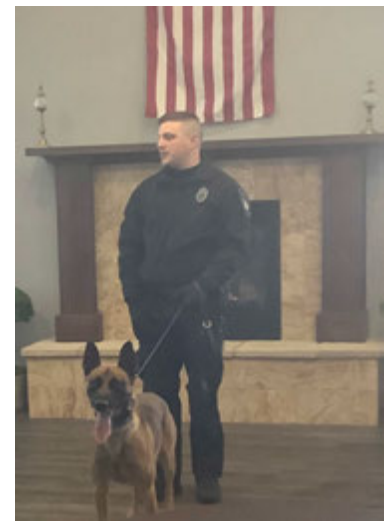
We had a fun after supper activity called Bring and Brag; it is like show and tell but for adults. Residents were asked to bring something they were incredibly proud of whether it be something they made, a gift, or anything really! We had a lot of homemade crafts from



crochet, to knitting, rug hooking, painting and books. We had Al, a veteran, bring photos of himself and his brothers who were all in the service. Joanne brought her piece of the Berlin Wall, Margie brought her Talking Stick, Yoley had her 42 baking ribbons and Jane brought the doll from her childhood. We learned a lot about one another that night and how talented everyone is in a different way. We look forward to doing this activity again in a few months with new people who are willing to brag.

## Police K-9

Thanks to our Driver, Peter, we were able to meet Danvers and Peabody, Police K-9s. The officers were so kind, friendly and knowledgeable. They educated us on what each dog does and answered our many questions. One dog specialized in bombs and the other specialized in illegal drugs. We learned that there are all types of working dogs including comfort dogs, mobility dogs, diabetes alert dogs and more. We got to watch as the dogs listened to commands in Dutch. We even got to see how the dogs bite the arms of a bad guy to take them down. These officers and their K-9s are on call 24/7, so we thank them for their service. We look forward to seeing them again when we can host them outside in the nice weather.



*Hard working officers*