

Colonial Gardens Gracious Retirement Living

105 Cherry Hill Drive • Beverly, MA 01915 • Phone (978) 922-1203 • www.seniorlivinginstyle.com

NOVEMBER 2021

COLONIAL GARDENS STAFF

Managers.....SAM & CARRIE MARTIN
Assistant ManagersBOB & RENEE HODGES
Activity CoordinatorCHRISTA LEGER
MaintenanceCESAR VIEIRA & CARMELLA MOISE
TransportationJIM GARNHAM & KELLY NICHOLS

OFFICE HOURS

Monday - Sunday: 7:30 a.m.-7:30 p.m.

TRANSPORTATION

Monday - Friday, 9 a.m.-3 p.m.: Appointments

**Tuesday & Thursday, 9 a.m.-
noon:** Shopping Shuttle

Wednesday, See sign-up sheet: Activity Outings

Saturday, 8:30 a.m.: Synagogue:
Temple B'Nai Abraham

Sunday, 8:40 a.m.: St. Richard's

Sunday, 9:10 a.m.: 2nd Congregational

Sunday, 9:40 a.m.: St. Mary's

HAWTHORN
SENIOR LIVING

My Life Story

This November, we will be embarking on a journey, a journey towards sharing our life stories. This will be a six-week-long project called "My Life Story." Each week, you will be given one chapter with inspiring prompts to spark memories, anecdotes and wisdom gained over the years – all the things that make up the story of your life. At the end of the six weeks, you will have an entire booklet filled with amazing memories and stories you can share with each other and your loved ones. We will be holding meetings every Thursday at 2:30 p.m. and Friday at 10 a.m. in the Activity Room. Be sure to mark your calendars!

Fall Craft

Check out these beautiful fall wreaths the residents made to hang on their doors! The base was a nice grape vine wreath that was a blank canvas for the craft group to decorate. We had fall leaves of every shape, color and size too; bows that were all different but had the common fall theme; and even adorable little scarecrows to add. But you can't have fall with out pumpkins! So we added miniature pumpkins to complete the wreath. Each was different than the next, and everyone was so proud of what they made. We love craft group!



Kathy and her wreath

NOVEMBER 2021

Birthdays

Barbara French, 5th
 Rosalie Spathanas, 10th
 Joann Hart, 18th
 Dodie Levine, 18th
 Elva Houldon, 25th
 Anstis Benfield, 27th
 Norma Corwin, 29th
 Peter Tokarz, 30th

Locations

Activity Room Hall, First Floor, ARH
 Activity Room, First Floor, AR
 Atrium, First Floor, ATR
 Card Room, Second Floor, CR
 Chapel, Third Floor, CH
 Conference Room, Second Floor, CON
 Courtyard Outside Of AR, CY
 Dining Room, First Floor, DR
 Fitness Room, Second Floor, FR
 Library, First Floor, LB
 Main Lobby, ML
 Movie Theater, Third Floor, MT
 Pool Table Area, Second Floor, PTA
 Residents' Kitchen, First Floor, RK
 Salon, Fourth Floor, S
 TV Room, Second Floor, TR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Morning Exercise with Christa, AR 10:00 Order Henry's Grocery, AR 10:30 Educational Videos, AR 2:00 Movie Matinee, MT 2:00 Game Table, DR 2:30 Book Club, AR 3:00 Rosary, CH 3:30 Bingo for Quarters, AR	ELECTION DAY 2 9:30 Sit & Be Fit Exercise, AR 10:00 Hand Massages, AR 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 2:30 Bible Study, CON 6:45 Night Bingo for Colonial Currency, AR	3 9:30 Morning Exercise with Christa, AR 10:00 Morning Manicures, AR 11:00 Long Word Game, AR 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Quarters, AR	4 9:30 Sit & Be Fit Exercise, AR 10:00 Lydia, Comfort Dog, AR 11:00 Gingerbread House Building, AR 2:00 Tai Chi with Sam, AR 2:00 Movie Matinee, MT 2:00 Bridge Group, CR 2:30 My Life Story, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR	5 9:30 Morning Exercise with Christa, AR 10:00 My Life Story, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:30 Half-Hour Bingo for Colonial Currency, AR 4:00 Happy Hour with Eric Baldwin, AR 	6 10:00 Meditation Coloring, AR 10:00 Wellness Fair, AR 2:00 Movie Matinee, MT 2:00 Let's Move with Renee, AR 2:30 Half-Hour Bingo for Colonial Currency, AR 3:30 Bingo for Quarters, AR
DAYLIGHT SAVING TIME ENDS 7 10:00 Loom Knitting with Barbara, CON 10:30 Half-Hour Team Trivia with Bob, AR 2:00 Movie Matinee, MT 2:00 Line Dance, AR 3:00 Bingo for Colonial Currency, AR	8 9:30 Morning Exercise with Christa, AR 10:00 Order Henry's Grocery, AR 10:30 Educational Videos, AR 2:00 Movie Matinee, MT 2:00 Game Table, DR 3:00 Rosary, CH 3:30 Bingo for Quarters, AR	9 9:30 Sit & Be Fit Exercise, AR 10:00 Veterans Day Presentation with Robin, AR 10:15 Hand Massages, CR 11:00 Team Trivia, CR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 2:30 Bible Study, CON 6:45 Night Bingo for Colonial Currency, AR	10 9:30 Morning Exercise with Christa, AR 10:00 Morning Manicures, AR 11:00 Long Word Game, AR 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Quarters, AR 	VETERANS DAY 11 9:30 Sit & Be Fit Exercise, AR 10:00 Health Chat with Amedisys, AR 11:00 Gingerbread House Building, AR 12:00 Veterans Day Ceremony, DR 12:30 Dinner Music with Steve Hershman, DR 2:00 Bridge Group, CR 2:00 Movie Matinee, MT 2:00 Tai Chi with Sam, AR 2:30 My Life Story, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR	12 9:30 Morning Exercise with Christa, AR 10:00 My Life Story, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:30 Half-Hour Bingo for Colonial Currency, AR 4:00 Happy Hour with Carol Lissere, AR	13 10:00 Meditation Coloring, AR 2:00 Movie Matinee, MT 2:00 Let's Move with Renee, AR 2:30 Half-Hour Bingo for Colonial Currency, AR 3:30 Bingo for Quarters, AR
14 10:00 Loom Knitting with Barbara, CON 10:30 Half-Hour Team Trivia with Bob, AR 2:00 Movie Matinee, MT 2:00 Line Dance, AR 3:00 Bingo for Colonial Currency, AR	15 9:30 Morning Exercise with Christa, AR 10:00 Order Henry's Grocery, AR 10:30 Educational Videos, AR 12:30 Dinner Music with Mel Stiller, DR 2:00 Movie Matinee, MT 2:00 Game Table, DR 3:00 Rosary, CH 3:30 Bingo for Quarters, AR	16 9:30 Sit & Be Fit Exercise, AR 10:00 Hand Massages, AR 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Bible Study, CON 2:30 Gingerbread House Building, AR 6:45 Night Bingo for Colonial Currency, AR	17 9:30 Morning Exercise with Christa, AR 10:00 Morning Manicures, AR 11:00 Long Word Game, AR 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Quarters, AR	18 9:30 Sit & Be Fit Exercise, AR 10:00 Accessories & Beyond, AR 2:00 Tai Chi with Sam, AR 2:00 Movie Matinee, MT 2:00 Bridge Group, CR 2:30 My Life Story, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR 	19 9:30 Morning Exercise with Christa, AR 10:00 My Life Story, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:30 Half-Hour Bingo for Colonial Currency, AR 4:00 Happy Hour with Mary Beth Maes, AR	20 10:00 Meditation Coloring, AR 2:00 Movie Matinee, MT 2:00 Let's Move with Renee, AR 2:30 Half-Hour Bingo for Colonial Currency, AR 3:30 Bingo for Quarters, AR
21 10:00 Loom Knitting with Barbara, CON 10:30 Half-Hour Team Trivia with Bob, AR 2:00 Movie Matinee, MT 2:00 Line Dance, AR 3:00 Bingo for Colonial Currency, AR	22 9:30 Morning Exercise with Christa, AR 10:00 Order Henry's Grocery, AR 10:30 Educational Videos, AR 2:00 Movie Matinee, MT 2:00 Game Table, DR 3:00 Rosary, CH 3:30 Bingo for Quarters, AR 6:45 Bring & Brag, AR	23 9:30 Sit & Be Fit Exercise, AR 10:00 Hand Massages, AR 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Bible Study, CON 2:30 Gingerbread House Building, AR 6:45 Night Bingo for Colonial Currency, AR	24 9:30 Morning Exercise with Christa, AR 10:00 Morning Manicures, AR 11:00 Long Word Game, AR 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Quarters, AR	THANKSGIVING DAY 25 9:30 Sit & Be Fit Exercise, AR 11:30 Veterans Social, AR 2:00 Tai Chi with Sam, AR 2:00 Movie Matinee, MT 2:00 Bridge Group, CR 2:30 My Life Story, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR 	26 9:30 Morning Exercise with Christa, AR 10:00 My Life Story, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:30 Half-Hour Bingo for Colonial Currency, AR 4:00 Monthly Birthday Party with Joey B Bop, AR	27 10:00 Meditation Coloring, AR 2:00 Movie Matinee, MT 2:00 Let's Move with Renee, AR 2:30 Half-Hour Bingo for Colonial Currency, AR 3:30 Bingo for Quarters, AR 
HANUKKAH BEGINS AT SUNSET 28 10:00 Loom Knitting with Barbara, CON 10:30 Half-Hour Team Trivia with Bob, AR 2:00 Movie Matinee, MT 2:00 Line Dance, AR 3:00 Bingo for Colonial Currency, AR	29 9:30 Morning Exercise with Christa, AR 10:00 Order Henry's Grocery, AR 10:30 Educational Videos, AR 2:00 Movie Matinee, MT 2:00 Game Table, DR 3:00 Rosary, CH 3:30 Bingo for Quarters, AR 	30 9:30 Sit & Be Fit Exercise, AR 10:00 Hand Massages, AR 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Bible Study, CON 2:30 Gingerbread House Building, AR 6:45 Night Bingo for Colonial Currency, AR 				



Coming Soon

Saturday, November 6th: Come to the wellness fair and meet all the wonderful people who want you to stay well, including a podiatrist and people from our in-building providers.

Monday, November 8th, Gone with the Wind Day: Come join us at 2 p.m. in the movie theater to watch the movie "Gone with the Wind."

Tuesday, November 9th, Learning through the Ages: Meet Robin Shelgren as she honors our veterans with an educational program on the history of Veterans Day. Robin has been here before for Flag Day and did a presentation on lighthouses.

Thursday, November 11th, Veterans Day: Let us celebrate the Veterans of our Community with a ceremony in the dining room at noon and dinner music following it.

Friday November 12th, Mocktail Day: Enjoy a yummy mocktail during dinner service. Maybe even one during happy hour. Any suggestions? Christa is open to ideas!

Monday, November 22nd, Bring & Brag: Think of it as show and tell, but you bring something no one else has that you can brag about. See what your friends bring and hear their stories. Enjoy some snacks and drinks too.

Friday, November 26th, National Cake Day: We are going to celebrate everyone's birthday in November with a giant cake during happy hour!

Thursday 25th, Thanksgiving: Let's eat turkey!

Monday, November 29th, Little Women Day: Celebrate the day by watching "Little Women" in the Movie theater this afternoon.

Happy 100th Birthday!

In September, we got to celebrate a very special day in our community. Our very own gorgeous Lorraine turned 100! How could we not celebrate? Her family kicked things off with their own party and got 100 pinwheel flowers donated to be placed on the property outside her apartment. As for the community, we got the biggest cake money could buy! It was half chocolate and half vanilla, so everyone was happy. The cake was rolled out in the dining room on a cart topped with birthday balloons and a giant 100. She was presented with a plaque from the community to congratulate her and a little speech by Christa saying how thankful we are to have a wonderful woman like Lorraine in our community. Lorraine was so touched that she thanked everyone from the bottom of her heart.



Lorraine and Christa

Car Show 2021

What a fun day we had with some beautiful cars! Thanks to DJ John Ross and his friends for bringing some old school cars to Colonial Gardens for the residents' enjoyment. They loved to see the cars



Beautiful Barbara



Feeding First Responders

and take pictures with them. Thanks to Manager Sam and Maintenance Cesar for grilling up some hot dogs and serving them fresh with chips and cold sodas or water. We even had a visit from our local fire station and ambulance crew. Of course, we could not let them leave on an empty stomach, so we gave them some grub! It was a great day.