



# Senior Living *Reimagined*

**CAPITOL RIDGE**  
Gracious Retirement Living



12751 Sudley Manor Dr  
Bristow, VA 20136

**571-781-5414**



# Our Gracious Retirement Lifestyle

## APARTMENT AMENITIES

- Studios, 1 bedrooms & 2 bedrooms with kitchenettes
- 24-hour emergency pull cords
- Keyless entry to apartment
- Granite countertops
- Full size stainless steel refrigerator
- Neutral tone carpeting
- Blinds
- Bed linens and towels provided
- Thermostat in each room for year round comfort
- Fire protection systems & sprinklers
- Spacious bathroom with walk-in showers
- Balconies in select apartments
- Vaulted ceilings in select apartments

## COMMUNITY AMENITIES

- Several community rooms and common areas
- State of the art movie theater
- Spacious library with cozy fireplace
- Barber / beauty salon
- Billiards and card rooms
- TV room with large screen television
- Chapel for worship and bible studies
- Fitness center
- Spacious activity room
- Business center
- Laundry room in all wings on every floor
- Walking paths / Raised garden beds / outdoor fire pit
- 21 passenger bus for transportation needs
- Complimentary roll-a-way beds
- Resident travel program
- Guest apartment available

## BASIC SERVICES INCLUDED IN RENT

- Live-in managers
- 3 delicious chef-prepared meals served daily
- Scheduled transportation
- Cable television
- All utilities included, except personal phone
- All day coffee and snack bar
- Fruit bar and soft-serve ice cream available 24/7
- Exercise classes
- Parties
- Entertainment
- Weekly housekeeping including dusting, vacuuming and sanitation of cabinets and counters
- Bed linens and towels are provided and laundered weekly
- Maintenance performed as needed in all apartments

## GENERAL INFORMATION

- Month to month rent / no buy in fees or leases
- Guest meals \$5.00 for breakfast or supper, and \$7.00 for dinner



# You Make the Comparison

## Your Current Monthly Costs

Rent, mortgage, interest	\$ _____
Utilities (electricity, water, sewer, garbage, gas, heat & air conditioning)	\$ _____
Insurance & property taxes	\$ _____
Home maintenance (roofing, landscaping, plumbing, & other repairs)	\$ _____
Breakfast, lunch & dinner	\$ _____
Laundry & linens	\$ _____
Housekeeping	\$ _____
Transportation (your car, insurance, repairs, gas, oil)	\$ _____
Homeowners association (fee, club, dues, etc.)	\$ _____
Gym membership	\$ _____
Security night guard or burglar alarm	\$ _____
24 Hour emergency aid	\$ _____
Cable television or satellite	\$ _____
<b>Current Total</b>	<b>\$ _____</b>

## Monthly Costs at Capitol Ridge

Monthly rent	\$ _____
All utilities except telephone & you control the temperature	<u>INCLUDED</u>
Insurance & property taxes	<u>INCLUDED</u>
All home maintenance, repairs, & landscaping of our beautiful grounds	<u>INCLUDED</u>
Three delicious meals each day	<u>INCLUDED</u>
Free laundry facility near your apartment, linens provided	<u>INCLUDED</u>
Weekly housekeeping service	<u>INCLUDED</u>
Free scheduled transportation on our comfortable bus	<u>INCLUDED</u>
Ongoing social & recreational programs	<u>INCLUDED</u>
Fitness program & exercise room	<u>INCLUDED</u>
Management team on-site	<u>INCLUDED</u>
24 Hour emergency call system	<u>INCLUDED</u>
Basic cable television	<u>INCLUDED</u>
<b>Total For Your Apartment</b>	<b>\$ _____</b>

# EXPERIENCE THE LIFESTYLE OUR RESIDENTS ENJOY EVERY DAY



"Before I moved to Wilshire Estates in November 2021, I was certainly hesitant to make the transition from my home to a retirement community. When I initially began my search, I felt I was not ready. I had lived in my home for many years and was very involved in my community. I realized that I was quite lonely in my 4-bedroom home and needed a change. I toured 4 times and even came for a trial stay before deciding to move. Since I've moved to Wilshire Estates, I'm no longer lonely and I'm surrounded by new friends. The community feels like home and I no longer have to worry about housework, grocery shopping or meal preparation. If you are a senior living alone and you want close friendships and are tired of being lonely, then this is the place for you."

~ Gloria Logan (Wilshire Estates - Silver Spring, MD)

"I no longer have to concern myself about property maintenance or living alone. I enjoy the many new acquaintances I've made. My children don't have to worry about my well-being, and I can go and come as I please. If I don't make an appearance at meals, someone will check on me. I chose Summit Glen above others because of the family."

~Joe Conway (Summit Glen - Colorado Springs, CO)



"Linwood Estates is the perfect place to call home for my husband and I. We were fed up with having to maintain the upkeep of a house. We are now where we feel we need to be. The food is delicious, the activities are fun, and the care is GREAT. Having the managers live on-site helped us make up our minds that the staff here really care about us all. We plan to stay here at Linwood Estates for a long time. We love it."

~Ronnie & Karen King (Linwood Estates - Lawrenceville, GA)

"I had heard about Willow Creek from a patient of mine. I called for my parents, and the managers Glenn and Val, invited us to meet them the same day. I instantly decided that this was the right home. Management is beyond attentive, the chef and food are amazing, the servers are patient and understanding, and the housekeeping is thorough. The transportation service offers pretty much every need that the residents have. My father's health started to decline over a few months, and we eventually decided to move my parents to an assisted living community. We instantly missed everything about Willow Creek, and unfortunately, within 48 hours of moving, my father passed away. My mom decided to move back to Willow Creek, and she was welcomed with open arms. It's now several months later, and my mom has formed lifelong bonds with other residents, participates in outings with a wonderful activity director, and now calls Willow Creek home."



~ David Block (Willow Creek - Chesapeake, VA)





# Resident Travel Program

Retirement at Hawthorn Senior Living gives you the freedom to live life to the fullest. It's about seeing new places, meeting new friends, and creating experiences and moments that you'll cherish forever. This is what our Resident Travel Program is all about.

We strive to give you everything you need to feel happy and comfortable in your home, but we also realize there is more to life than staying in one place. If you want to get out and explore new places or visit family across the country, our Resident Travel Program gives you that opportunity. With over 60 communities across the United States, you can have all the comforts of home while enjoying the pleasures of a vacation.

As a resident of a Hawthorn community, you are eligible to stay up to seven nights per visit\*, per community in a comfortable guest suite at any of our communities. Your stay includes all your meals and you'll be able to participate in enrichment programs and activities just like you would at home – all at no additional cost.

You still have so much to experience, so enjoy life and live well at Hawthorn Senior Living through our Resident Travel Program!







**You are home, no matter where the road may take you.**

**ARIZONA**

Goodyear: Estrella Estates  
Green Valley:  
The Peaks at Santa Rita  
Sierra Vista:  
Mountain View Gardens

**CALIFORNIA**

El Dorado Hills: El Dorado Estates  
Glendale: Scholl Canyon Estates  
La Quinta: The Palms at La Quinta

**COLORADO**

Colorado Springs: Summit Glen

**FLORIDA**

Bradenton: Cypress Springs  
Clermont: Orchard Heights  
Oxford: Steeplechase, The Carriage House  
Spring Hill: Salishan  
Tallahassee: Mulligan Park  
Valrico: Osprey Heights  
Winter Springs: The Savoy

**GEORGIA**

Alpharetta: Cottonwood Estates  
Johns Creek: Ashwood Meadows  
Lawrenceville: Linwood Estates  
Roswell: Sanford Estates

**IDAHO**

Boise: Salmon Creek

**INDIANA**

Fishers: Northridge

**KANSAS**

Lawrence: Meadowlark Estates

**MAINE**

Portland: Ashton Gardens

**MARYLAND**

Silver Spring: Wilshire Estates

**MASSACHUSETTS**

Beverly: Colonial Gardens  
Franklin: Magnolia Heights  
Hopkinton: Fairview Estates  
Maynard: Camellia Gardens  
North Billerica: Kennedy Meadows  
Tewksbury: Heatherwood  
Westborough: The Highlands

**NEW MEXICO**

Albuquerque: Paloma Landing  
Rio Rancho: The Rio Grande

**NORTH CAROLINA**

Asheville: Bella Vista  
Cary: Stoneridge, Jordan Oaks  
Chapel Hill: Azalea Estates  
Charlotte: Providence Meadows, Shads Landing  
Davidson: Williams Place  
Greensboro: Carolina Estates  
Raleigh: Whispering Pines  
Salisbury: Oak Park Retirement  
Southern Pines: Southern Pines  
Wake Forest: The Lodge at Wake Forest  
Wilmington: The Woods at Holly Tree

**SOUTH CAROLINA**

Summerville: Summerville Estates

**OHIO**

Mentor: Parker Place

**OREGON**

Corvallis: Stoneybrook Lodge  
Gladstone: Somerset Lodge  
Happy Valley: Glenmoore  
Portland: Parkrose Chateau

**PENNSYLVANIA**

Bethlehem: Sterling Heights  
Glen Mills: Ivy Creek  
Lansdale: Hudson Estates

**TEXAS**

Allen: Alexis Estates  
Cedar Park: Maple Ridge  
Georgetown: The Oaks  
McKinney: Pioneer Ridge  
Rockwall: Liberty Heights

**UTAH:**

Logan: Pioneer Valley Lodge  
Murray: Olympus Ranch

**VIRGINIA**

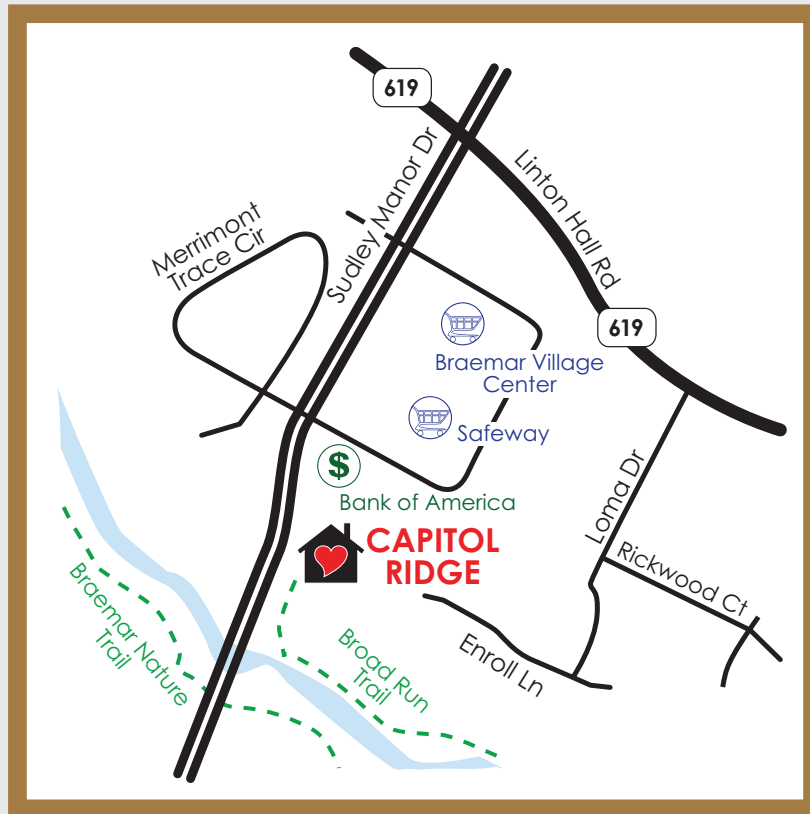
Bristow: Capitol Ridge  
Chesapeake: Willow Creek  
Leesburg: Hessler Heights  
Midlothian: Chesterfield Heights  
Yorktown: Colonial Harbor

**WASHINGTON**

Puyallup: Julian Estates  
Vancouver: Springwood Landing

\*Based on availability

# *Retire Graciously*



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